



# BJMA Krav Maga instructor certification course

## Course participation guidelines

The course participants are divided into two classifications (**GP**) **general participants** and (**IC**) **Instructor Certification**. These two groups have different prerequisites for participation.

**(GP) general participants** – Anyone who is over 16 years of age, who is a current member of BJMA.

**(IC) Instructor Certification**- Must be over 18 years and hold the minimum rank of 1<sup>st</sup> Degree in Krav Maga or 1<sup>st</sup> Degree in another BJMA system or equivalent martial arts system. They must apply for acceptance into the course on the official application documentation, this needs to be received by the TRC at least 7 business days prior to the course commencement.

### Course participants will receive

**(GP)** Upon completion of the general course, participants will receive a **certificate of participation**. In some circumstances this course may be used by an instructor to grade a student/participant up a module level. (Not 1<sup>st</sup> Degree)

**(IC) Instructor Certification**- Upon completion, the participant will receive a **certificate of attainment**, an instructor's t-shirt and be able to teach as an assistant instructor, directly under the direct supervision of a registered instructor.

- a) If a participant is not currently 1<sup>st</sup> degree in BJMA Krav Maga they will receive their ranking patch and certificate for the level of 1<sup>st</sup> Degree (refer to prerequisites). They can also purchase an official BJMA Krav Maga black belt, personalised with their rank.

### **To become a registered instructor, to teach unsupervised and/or to open a club:**

To teach BJMA Krav Maga an applicant must

- have completed the Instructor Certification course
- be over 18 years old
- hold the rank of 1<sup>st</sup> degree, or above, in BJMA Krav Maga
- be a registered and financial member of BJMA
- have completed a BJMA Instructor Registration and complied with all requirements.

\*Note: upon approval as a registered BJMA Krav Maga Instructor you will have access to the BJMA Krav Maga instructors web site, instructional video's, current teaching syllabus, instructors closed Facebook group.

### **Recognition as a BJMA Krav Maga instructor and your rank;**

We wish to keep the highest standards for instructors in BJMA Krav Maga. Compliance of all regulations will be adhered to. This will give greater credibility to our system and to all instructors and students of our system.

You must remain a financial member of BJMA and Instructor registration must be current

- An instructor must attend an official TRC training day at least once every 12 months. This can include seminars (2 hours or greater), assessment weekends, camps or similar.
- If you either or cease your membership, stop instructing or training for a period of 18 months or greater then you must attend a BJMA Krav Maga Instructors course to have your rank and instructor qualifications re-certified.
- It is an instructor's responsibility to stay up to date with changes to the BJMA syllabus. All efforts must be made to attend training days or review material in relation to changes. If an instructor does not or is unwilling to keep up to date with changes then their certification as an instructor will be reviewed by the TRC.



# General Participant (GP)

(do not complete if applying for instructor certification)

## BJMA Krav Maga, 2 Day course



Date of course: \_\_\_\_\_ Name of course host: \_\_\_\_\_.

Location of course: \_\_\_\_\_.

### Personal details

Given name: \_\_\_\_\_ Middle name: \_\_\_\_\_

Family / Surname: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Current age: \_\_\_\_\_

Mobile number: \_\_\_\_\_ email: \_\_\_\_\_

Postal or street address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Post Code: \_\_\_\_\_

State: \_\_\_\_\_ Country: \_\_\_\_\_

### Training History

Current rank in BJMA Krav Maga: \_\_\_\_\_ Date received: \_\_\_\_\_

Current rank in other BJMA systems: \_\_\_\_\_ Style \_\_\_\_\_ Date received \_\_\_\_\_

Current rank in other BJMA systems: \_\_\_\_\_ Style \_\_\_\_\_ Date received \_\_\_\_\_

Name of BJMA club you currently train with: \_\_\_\_\_

Instructor's name (can be your name if you are the head instructor) \_\_\_\_\_

Suburb club is located in \_\_\_\_\_ State Club is located in \_\_\_\_\_

Does your instructor want you to be assessed for you next grade (modules only)? \_\_\_\_\_

### **Terms and conditions**

As part of this application you will need to agree to the following and sign this application.

I understand that to take part in this course I must be a current and financial member of the BJMA.

I am over 16 years.

Full Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **If under 18 years old – Guardian's consent**

I have read and understood the above terms and conditions. I hereby certify that all the information provided above is true and correct and not misleading in anyway.

Guardian name: \_\_\_\_\_ Guardians signature \_\_\_\_\_

Relationship to applicant: \_\_\_\_\_

**Send completed form to: [matt@smac.net.au](mailto:matt@smac.net.au)**

#### TRC Use

Received on \_\_\_\_\_ TRC member attending grading \_\_\_\_\_

Application approved Yes / No \_\_\_\_\_ Reason given \_\_\_\_\_



# Instructor Certification Application (IC)

(do not complete unless you are applying for Instructor Certification)

## BJMA Krav Maga course



Date of course: \_\_\_\_\_ Name of course host: \_\_\_\_\_

Location of course: \_\_\_\_\_

### Personal details

Given name: \_\_\_\_\_ Middle name: \_\_\_\_\_

Family / Surname: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Current age: \_\_\_\_\_

Mobile number: \_\_\_\_\_ email: \_\_\_\_\_

Postal or street address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Post Code: \_\_\_\_\_

State: \_\_\_\_\_ Country: \_\_\_\_\_ T-Shirt Size \_\_\_\_\_

### Training History

Current rank in BJMA Krav Maga: \_\_\_\_\_ Date received: \_\_\_\_\_

Current rank in other BJMA systems: \_\_\_\_\_ Style \_\_\_\_\_ Date received \_\_\_\_\_

Current rank in other BJMA systems: \_\_\_\_\_ Style \_\_\_\_\_ Date received \_\_\_\_\_

Current rank in other BJMA systems: \_\_\_\_\_ Style \_\_\_\_\_ Date received \_\_\_\_\_

Current rank in other BJMA systems: \_\_\_\_\_ Style \_\_\_\_\_ Date received \_\_\_\_\_

Current rank in non BJMA systems: \_\_\_\_\_ Style \_\_\_\_\_ Date received \_\_\_\_\_

Name of BJMA club you currently train with: \_\_\_\_\_

Instructor's name (can be your name if you are the head instructor) \_\_\_\_\_

Suburb club is located in \_\_\_\_\_ State Club is located in \_\_\_\_\_

### **Terms and conditions**

As part of this application you will need to agree to the following and sign this application.

I understand that to take part in this course I must be a current and financial member of the BJMA.

I am over 18 years and hold the minimum rank of 1<sup>st</sup> Degree in Krav Maga or 1<sup>st</sup> Degree in another BJMA system or equivalent martial arts system.

I understand that completing this course is only part of the criteria for me to become an Instructor in BJMA Krav Maga and that all criteria set by the BJMA must be adhered to and instructor registration completed before I can instruct in BJMA Krav Maga. \*Note: upon approval as a registered BJMA Krav Maga Instructor and for the duration of your registration; you will have access to the BJMA Krav Maga instructors web site, instructional video's, current teaching syllabus, instructors closed Facebook group.

**Full Name:**

**Witness Name:**

**Signature:**

**Witness Signature:**

**Date:**

**Date:**

**Send completed form to: [zenspirit@bigpond.com](mailto:zenspirit@bigpond.com) or [matt@smac.net.au](mailto:matt@smac.net.au)**

**TRC Use**

Received on \_\_\_\_\_  
Application approved Yes / No  
Reason given

# A Welcome message from the BJMA KRAV MAGA

## Technical Review Committee

### BJMA KRAV MAGA

Welcome to the National Training weekend and instructors course. The course will be conducted at \_\_\_\_\_ and facilitated by \_\_\_\_\_.  
The following information will assist you in your preparations to successfully attend the course.

#### **Lunch and Dinner**

Will / will not be provided. Where lunch is provided payment of \$\_\_\_\_ will need to be made.

#### **Accommodation**

Accommodation options close to our training facility include:-

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#### **Flying in**

\_\_\_\_\_ is located \_\_\_\_\_ km from the \_\_\_\_\_ airport and the average travel time by car is \_\_\_\_\_ hr and \_\_\_\_\_ mins. **Car rental** from Friday afternoon to Sunday evening will be around \$\_\_\_\_\_ for a small car.

The average travel time by **public transport** from the airport is \_\_ hours to \_\_\_\_ hours.

Please make sure you allow enough time for travel time and check in when booking flights.

#### **The Course**

The course will be both physically and mentally demanding. However, the course objectives are achievable for all fitness levels and experience. The training will be conducted indoors and outdoors.

Skills will be developed and built on in a step by step format. These will then be tested in different scenarios of increased pressure. They will then be enhanced further and test again, this process will be repeated until a high standard of competency is achieved.

Instructors and trainee instructors will take part in specialist modules on teaching, terminology, psychology, safe practices and scenario design.

To prepare for the course please make sure you work on your general cardio and all basic skills. Trainee instructors will receive access to the syllabus upon payment of the course fee and approval of their application. This must be studied prior to the course.

#### **Equipment checklist**

Training T-shirts x 4 (2 per day)  
BJMA KM uniform (if you have one)  
Training shorts  
Long pants x 1 (camo pants or gi pants ideal)  
Sun hat  
Comfortable shoes for outdoor training.  
Strong footwear, hiking boots ideal x1

Long sleeve shirts for outdoor training x 2  
Small first aid kit x 1  
Any medications you require  
Sunglasses  
A note book and pen  
A positive attitude  
A sense of humour

# BJMA Krav Maga Training Weekend and Instructors Course

## TERMS

All course fees include course material, and certificates. IC participants will also receive a t-shirt, rank patch (if successful) and access to the instructor resource page for the duration of their registration.

## CONFIRMATION

We will confirm receipt of your registration upon payment, approval of your application and completion of the waiver form.

## CANCELLATION POLICY

Cancellations are accepted up to 5 business days prior to the scheduled course date and will be fully refunded. After that date, the full course fee is payable.

## NON-ATTENDANCE/NON-ATTENDANCE DUE TO ILLNESS

No refund will be made for non-attendance on a given day or for the duration of the course.

## BJMA KRAV MAGA RIGHTS AND RESPONSIBILITIES

The BJMA, BJMA Krav Maga and the course facilitators reserve the right to cancel a course if necessary. If a course is cancelled, we will make every effort to contact you and no payment will be required, any payments received will be refunded in full. We also reserve the right to adjust costing if required.

BJMA Krav Maga reserve the right to the use of photographs and videos taken at this event for future marketing purposes.

## YOUR DETAILS

Title: \_\_\_\_\_ Family Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Postal address: \_\_\_\_\_ State: \_\_\_\_\_ Post code: \_\_\_\_\_

I understand and accept the terms and conditions of this registration. To be signed by a guardian if under 18 years.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Send completed form to: [matt@smac.net.au](mailto:matt@smac.net.au)**

## WAIVER AND RELEASE OF LIABILITY

In agreeing to participate in the BJMA Krav Maga National Training Weekend and instructors course – Victoria Australia (Herby known as BJMA KM NTW) and its activities, I agree as follows:

I fully understand and acknowledge that BJMA KM NTW, has (a) inherent risks, dangers, and hazards and such exists in my participation in this activity; (b) my participation in such activity may result in injury or illness including, but not limited to bodily injury, disease, strains, fractures, partial and/or total paralysis, death or other ailments that, could cause serious disability; (c) by my participation in these activities, I hereby assume all risks and dangers and all responsibility for any losses and/or damages.

I, on behalf of myself, my personal representatives, and my heirs, hereby voluntarily agree to release, waive, discharge, hold harmless, defend, and indemnify BJMA Krav Maga, Bob Jones Martial Arts, and all its members from any and all claims, actions or losses for bodily injury, property damage, wrongful death, loss of services or otherwise which may arise out of participation in this activity. I specifically understand that I am releasing, discharging, and waiving any claims or actions that I may have presently or in the future.

I understand that the BJMA KM NTW, does not condone the irresponsible use of Krav Maga or related disciplines in dangerous or illegal activities.

I understand that I am responsible for informing my instructors of any pre-existing medical conditions or injuries that may affect my ability to participate in training. I understand that, if during my training, I develop any medical conditions or injuries that I will inform my instructor about them immediately. I understand that I will be outside the metro area, medical attention and the availability of medications may not be easily accessible and I take full responsibility for making sure I have adequate supplies of medication kept under the correct conditions for my personal use.

I understand that some training will take place in a rural setting and as such I need to be vigilant of the danger posed by local fauna and flora. Including but not limited to spiders, snakes, domesticated and non domesticated animals as well as poisonous plant and plant matter.

**I HAVE READ THE ABOVE WAIVER AND RELEASE AND BY SIGNING IT AGREE. IT IS MY INTENTION TO EXEMPT AND RELIEVE BJMA KRAV MAGA, IT'S INSTRUCTORS, BOB JONES MARTIAL ARTS, AND ITS MEMBERS, SMAC GYM IT'S OWNERS AND STAFF FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH BY ANY CAUSE.**

PARTICIPANT'S NAME (PRINT):

PARTICIPANT'S SIGNATURE .

*To be signed by a guardian if under 18 years.*

\_\_\_\_\_

\_\_\_\_\_

Date: \_\_\_\_\_

WITNESS NAME (PRINT)

WITNESS SIGNATURE

\_\_\_\_\_

\_\_\_\_\_

Date: \_\_\_\_\_

**PARTICIPATION IS NOT POSSIBLE WITHOUT THE PARTICIPANTS FULL AGREEMENT, SUBSEQUENT SIGNATURE AND THAT OF THE WITNESS WITH FULL DATE.**

**Send completed form to: [matt@smac.net.au](mailto:matt@smac.net.au)**